



BELMONT ABBEY COLLEGE

That in all things God may be glorified



Dr. Bill Thierfelder is the 20th president of Belmont Abbey College, a Catholic liberal arts college near Charlotte, NC. Founded by Benedictine monks over 130 years ago, the College continues to celebrate the 1,500-year-old Benedictine monastic tradition of prayer and learning by providing its students with an education that will enable them to lead lives of integrity, succeed professionally, become responsible citizens, and be a blessing to themselves and to others.

Prior to his appointment as president of Belmont Abbey College, Dr. Thierfelder successfully lead and transitioned fitness legend, York Barbell Company from a manufacturer to a solutions-based partner, providing sales, marketing, product development, and logistical services to mass merchants and major sporting goods retailers throughout the United States and Europe.

Dr. Thierfelder was a principal in Joyner Sports Medicine Institute, a physical therapy corporation he helped conceptualize, found, and develop. After positioning Joyner as a premier provider of physical therapy services, he was instrumental in negotiating the sale of the company to NovaCare, Inc., the nation's second largest provider of outpatient physical therapy. As NovaCare's National Director of Sports Science he created, directed and co-chaired one of the largest and most successful sports medicine and physical rehabilitation conferences in the United States.

He has served as Executive Director of the Player Management Group, a sports representation company that provided contract negotiation, financial management, legal, career planning, and sports medicine services to professional athletes in the NFL, MLB, NBA, and NHL. Dr. Thierfelder has also helped thousands of athletes—including over one hundred at the Olympic and professional levels—achieve dramatic improvements in their athletic performances. His past clients include NFL stars such as Kyle Brady, TE, New England Patriots; Adrian Wilson, S, Phoenix Cardinals; Bobby Engram, WR, Seattle Seahawks; Omar Easy, FB, Oakland Raiders; Andre Collins, LB, Washington Redskins; and many others.

Dr. Thierfelder received his master's and doctoral degrees in Sports Psychology and Human Movement from Boston University. He is a licensed psychologist and a Diplomat of the American Board of Psychological Specialties. He is also a member of the American College of Sports Medicine and the United States Olympic Committee's Sport Psychology Registry. He is a former NCAA Division I Coach, Olympian, National Champion and a two-time All-American from the University of Maryland. He participated in the 1980 United States Olympic Trials in Eugene, Oregon, and was a medalist at the 1981 U.S. Track & Field Indoor National Championship. Dr. Thierfelder is a member of the Sports Faith International Hall of Fame, which includes world-class athletes George "Papa Bear" Halas, Wellington Mara, Brian Piccolo, and others.

Throughout his career, Dr. Thierfelder has delivered hundreds of presentations, both live and on camera, regarding topics related to Catholicism, education, athletics, sports science and medicine, and business performance. Dr. Thierfelder is a Knight of Malta and currently lives just outside of Charlotte, NC with his wife, Mary, and their ten children. Both Dr. Thierfelder and his wife are Oblates of Belmont Abbey monastery.

About Belmont Abbey College

Belmont Abbey College finds its center in Jesus Christ and believes in the development of the whole person – in mind, body and spirit. Founded in 1876 by Benedictine monks, the College is home to more than 1600 students. *The Newman Guide* calls Belmont Abbey College one of the top Catholic colleges in America for faithfulness and affordability, and *First Things Magazine* recently named the Abbey America's #1 "School On The Rise, Filled With Excitement." Located just 10 miles west of Charlotte, N.C., Belmont Abbey College is listed on the National Register of Historic Places. For more information about the College, please visit www.belmontabbeycollege.edu.